

# 2022 Subsection 7-South

May 25 - Esko High School

## Boys Team Scores

1.	Esko	208.5
2.	Crosby-Ironton	107.5
3.	Two Harbors	70
4.	Moose Lake/Willow River	69
5.	Cromwell-Wright	54
6.	Barnum	51.5
6.	Aitkin	51.5
8.	Carlton-Wrenshall	43
9.	Marshall (Duluth)	27
10.	Lakeview Christian Academy	12
11.	Mcgregor	8

## Girls Team Scores

1.	Esko	203
2.	Two Harbors	140.5
3.	Aitkin	81.5
4.	Crosby-Ironton	70
5.	Carlton-Wrenshall	56.5
6.	Mcgregor	43
7.	Moose Lake/Willow River	38.5
8.	Marshall (Duluth)	31
9.	Barnum	16
10.	Cromwell-Wright	13
11.	Lakeview Christian Academy	5

## Varsity Boys 100 Meters Finals

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### Athlete Yr Team Mark

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1	Mason Perich	12	Esko	10.94
2	Tate Nelson	9	Two Harbors	11.24
3	Braden Lowe	12	Esko	11.27
4	Matson Granmo	12	Two Harbors	11.86
5	Austin Larva	12	Carlton-Wrenshall	11.92
6	Gino Bertogliat	10	Esko	12.02
7	Jacob Williams	9	Aitkin	12.06
8	Evan Rydberg	9	Crosby-Ironton	12.18

## Varsity Boys 100 Meters Prelims

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### Athlete Yr Team Mark

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1	Mason Perich	12	Esko	11.35
2	Tate Nelson	9	Two Harbors	11.38
3	Braden Lowe	12	Esko	11.40
4	Matson Granmo	12	Two Harbors	11.87
5	Gino Bertogliat	10	Esko	12.12
6	Evan Rydberg	9	Crosby-Ironton	12.21
7	Jacob Williams	9	Aitkin	12.29
8	Austin Larva	12	Carlton-Wrenshall	12.31
9	Finn Steckart	11	Marshall (Duluth)	12.47
10	Connor Barden	8	Mcgregor	12.56
11	Tay Shropshire	10	Barnum	12.59
12	Ty McCall	10	Marshall (Duluth)	12.81
13	Sam Metzen	9	Mcgregor	12.97
14	Jackson Cline	10	Aitkin	13.32
15	Noah Heller	9	Marshall (Duluth)	13.34

16	Landon Kollar	11	Aitkin	13.34
17	Brandon Dickey	10	Cromwell-Wright	13.47
18	Alec Sparks	11	Barnum	13.72
19	Chase Pierce	9	Two Harbors	13.76
20	Luke Johnson	10	Crosby-Ironton	14.22
21	Preston Mitchell	11	Crosby-Ironton	14.72
22	Memphis Goranson	8	Cromwell-Wright	14.75
23	Karl Tuttle	8	Carlton-Wrenshall	15.05
24	Jack Hermanson	8	Lakeview Christian Academ	15.69
25	Jackson Farah	8	Cromwell-Wright	16.03
26	Franzen Carson	10	Lakeview Christian Academ	16.26
--	Scout Pfeffer	8	Lakeview Christian Academ	SCR

## Varsity Boys 200 Meters Finals

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### Athlete Yr Team Mark

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1	Mason Perich	12	Esko	22.31
2	Makoi Perich	10	Esko	22.36
3	Jordan Mount	10	Crosby-Ironton	23.03
4	Braden Lowe	12	Esko	23.07
5	Tate Nelson	9	Two Harbors	23.76
6	Caden Sheff	10	Barnum	23.95
7	Matson Granmo	12	Two Harbors	24.01
8	Austin Larva	12	Carlton-Wrenshall	24.93
9	Bryce Brekke	12	Mcgregor	25.58
10	Augustas Poskus	12	Cromwell-Wright	25.62
11	Tay Shropshire	10	Barnum	25.70
12	Carter Woodall	10	Carlton-Wrenshall	26.29
13	Ty McCall	10	Marshall (Duluth)	26.39
14	Will Arnold	10	Mcgregor	26.55
15	Trenton Bonin	9	Lakeview Christian Academ	26.88
16	Myles Pearson	8	Carlton-Wrenshall	27.22
17	Jackson Cline	10	Aitkin	27.26
18	Gabe Ridlon	10	Crosby-Ironton	27.52
19	Jay Atkinson	12	Mcgregor	27.68
20	Brandon Dickey	10	Cromwell-Wright	28.19
21	Blake Larson	11	Aitkin	28.74
22	Hugo Helstrom	8	Marshall (Duluth)	28.95
23	Alejandro Rivera	8	Two Harbors	29.93
24	Peter Kenney	7	Marshall (Duluth)	30.50
25	Memphis Goranson	8	Cromwell-Wright	31.07
26	Jesse Mitchell	9	Crosby-Ironton	31.25
27	Franzen Carson	10	Lakeview Christian Academ	33.28
28	Tobin Swimely	10	Barnum	36.90
--	Levi Berg	9	Aitkin	SCR
--	Scout Pfeffer	8	Lakeview Christian Academ	SCR

## Varsity Boys 400 Meters Finals

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### Athlete Yr Team Mark

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1	Noah Larson	10	Crosby-Ironton	54.13
2	Jeremiah Foucault	12	Esko	55.36
3	Jakob Mossberg	11	Moose Lake/Willow River	58.45
4	Tobias Jacobsen	9	Crosby-Ironton	59.07
5	Nathan Hjort	11	Lakeview Christian Academ	59.39
6	Gavin Thiry	11	Barnum	59.51
7	Oliver Toftness	9	Crosby-Ironton	59.54

- 8 Will Arnold 10 Mcgregor 1:00.51
- 9 Lane Gervais 8 Cromwell-Wright 1:01.02
- 10 Alec Sparks 11 Barnum 1:01.62
- 11 Michael Cornell 12 Esko 1:01.82
- 12 Braydon McKibbon 9 Esko 1:02.14
- 13 Dyne Cahoon 10 Cromwell-Wright 1:03.18
- 14 Tyler Zupancich 11 Marshall (Duluth) 1:04.14
- 15 Blake Larson 11 Aitkin 1:04.62
- 16 Ben Wright 8 Lakeview Christian Academ 1:05.04
- 17 Edwin Erickson 11 Two Harbors 1:07.01
- 18 Peter Kenney 7 Marshall (Duluth) 1:08.43
- 19 Jacob Moen 9 Aitkin 1:09.30
- 20 David Kenney 7 Marshall (Duluth) 1:10.35
- 21 Austin Archambault 8 Two Harbors 1:10.81
- 22 Karl Tuttle 8 Carlton-Wrenshall 1:12.64
- 23 Jack Hermanson 8 Lakeview Christian Academ 1:14.43
- 24 Erik Gischia 7 Two Harbors 1:19.13

- 13 Eli Berger 8 Barnum 5:29.40
- 14 David Tuttle 9 Carlton-Wrenshall 5:40.50
- 15 Jorge Gatica 8 Cromwell-Wright 5:42.94
- 16 Gavin Gibson 9 Carlton-Wrenshall 5:47.79
- 17 Brad Luek 9 Crosby-Ironton 5:55.78
- 18 Ethan Gamache 9 Esko 6:04.76
- 19 AJ Mattson 10 Two Harbors 6:18.05
- Aiden Reisz 8 Crosby-Ironton SCR

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Joseph Mikrot 12 Moose Lake/Willow River 2:00.38
- 2 Noah Foster 11 Cromwell-Wright 2:04.08
- 3 Brett Lillo 12 Esko 2:11.15
- 4 Michael Cornell 12 Esko 2:12.02
- 5 Joseph Ringhand 10 Crosby-Ironton 2:12.62
- 6 Daniel Mikrot 11 Moose Lake/Willow River 2:12.67
- 7 Alec Halvorson 9 Esko 2:14.14
- 8 Clay Thorpe 9 Two Harbors 2:17.97
- 9 Anders Easty 12 Lakeview Christian Academ 2:20.32
- 10 Lucas Moen 12 Aitkin 2:20.75
- 11 Jonas Martinelli 10 Marshall (Duluth) 2:20.85
- 12 A J Westin 9 Crosby-Ironton 2:22.47
- 13 Max Sampson 10 Mcgregor 2:23.47
- 14 Hunter Elliot 11 Two Harbors 2:29.79
- 15 Andrew Olesen 10 Carlton-Wrenshall 2:33.42
- 16 David Tuttle 9 Carlton-Wrenshall 2:39.77
- 17 Gavin Gibson 9 Carlton-Wrenshall 2:40.68
- 18 Colin Courtemanche 12 Aitkin 2:44.11
- 19 Tyler Zupancich 11 Marshall (Duluth) 2:47.73
- 20 Connor Windorski 9 Crosby-Ironton 2:48.04
- 21 Weston Hanni 7 Cromwell-Wright 2:48.05
- 22 Alex Stone 9 Two Harbors 2:48.10
- Kyle Ehrenreich 10 Marshall (Duluth) SCR

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Ian Thorpe 11 Two Harbors 10:24.91
- 2 Benjamin Meysembourg 11 Esko 10:35.20
- 3 Nathaniel Rengo 12 Esko 10:42.73
- 4 Jack Riley 10 Carlton-Wrenshall 10:48.52
- 5 Shawn Bailey 11 Barnum 10:51.63
- 6 Jack McWilliams 12 Esko 11:07.17
- 7 Phoenix Anderson 8 Cromwell-Wright 11:11.57
- 8 Cyrus Myers 11 Two Harbors 11:35.62
- 9 Tyler Franke 10 Aitkin 11:58.56
- 10 Parker Jackson 11 Mcgregor 12:01.23
- 11 Elliot Wasche 9 Moose Lake/Willow River 12:02.72
- 12 Kash Gibson 12 Carlton-Wrenshall 12:24.54
- 13 Nathan Easty 8 Lakeview Christian Academ 12:38.47
- 14 Magnus Koecher 8 Moose Lake/Willow River 12:40.88
- 15 AJ Mattson 10 Two Harbors 13:54.62

Varsity Boys 110m Hurdles 39" Finals

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Athlete Yr Team Mark

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- 1 Chad Hart 12 Esko 16.73
- 2 Elio Mendoza delgado 11 Crosby-Ironton 17.64
- 3 Hayden Charboneau 10 Barnum 17.66
- 4 Craig Visnovec 12 Aitkin 18.91
- 5 Keenan Head 9 Barnum 19.85
- 6 Camden Visnovec 9 Aitkin 19.89
- 7 Spencer Strohm 9 Barnum 20.55
- 8 Carter Nelson 8 Two Harbors 21.01

Varsity Boys 110m Hurdles 39" Prelims

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Athlete Yr Team Mark

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- 1 Chad Hart 12 Esko 17.10
- 2 Elio Mendoza delgado 11 Crosby-Ironton 18.07
- 3 Hayden Charboneau 10 Barnum 18.54
- 4 Craig Visnovec 12 Aitkin 19.63
- 5 Camden Visnovec 9 Aitkin 20.51
- 6 Keenan Head 9 Barnum 20.62
- 7 Carter Nelson 8 Two Harbors 20.79
- 8 Spencer Strohm 9 Barnum 20.96
- 9 Will Fransen 8 Two Harbors 21.40
- 10 Lucas Chesbrough 8 Moose Lake/Willow River 22.09
- 11 Eric Ellingson 9 Moose Lake/Willow River 24.52

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Noah Foster 11 Cromwell-Wright 4:27.96
- 2 Ian Thorpe 11 Two Harbors 4:33.57
- 3 Parker Jackson 11 Mcgregor 4:49.27
- 4 Michael Cornell 12 Esko 4:50.64
- 5 Joseph Ringhand 10 Crosby-Ironton 4:56.26
- 6 Jack McWilliams 12 Esko 4:58.00
- 7 Cyrus Myers 11 Two Harbors 4:58.45
- 8 Elliot Wasche 9 Moose Lake/Willow River 5:04.87
- 9 Chet Giersdorf-Thompson 9 Moose Lake/Willow River 5:05.49
- 10 Eion Quiel 11 Aitkin 5:13.43
- 11 Max Sampson 10 Mcgregor 5:13.99
- 12 Max Petry 9 Moose Lake/Willow River 5:26.95

Varsity Boys 300m Hurdles 36" Finals

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Athlete Yr Team Mark

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- 1 Dante Thompson 10 Carlton-Wrenshall 43.70
- 2 Alex Palm 11 Aitkin 44.09
- 3 Hayden Charboneau 10 Barnum 45.76
- 4 Chad Hart 12 Esko 45.78
- 5 Keone Anderson 12 Esko 46.13
- 6 Tanner Collman 10 Cromwell-Wright 46.34
- 7 Keenan Head 9 Barnum 47.81
- 8 Evan Miller 12 Crosby-Ironton 47.98
- 9 Craig Visnovec 12 Aitkin 48.83
- 10 Tommy DeChantal 8 Two Harbors 49.31
- 11 Fernando Scott 11 Esko 49.51
- 12 Camden Visnovec 9 Aitkin 52.37
- 13 Spencer Strohm 9 Barnum 54.77
- 14 Jian Sundvall 10 Marshall (Duluth) 54.85
- 15 Eric Ellingson 9 Moose Lake/Willow River 1:00.86
- Daniel Schiller 11 Carlton-Wrenshall SCR

Varsity Boys 4x100m Relay Finals

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Team Time

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- 1 Esko 43.86
- 2 Moose Lake/Willow River 46.09
- 3 Cromwell-Wright 47.49
- 4 Aitkin 47.70
- 5 Barnum 48.35
- 6 Crosby-Ironton 49.12
- 7 Marshall (Duluth) 50.46
- 8 Mcgregor 50.60

Varsity Boys 4x200m Relay Finals

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Team Time

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- 1 Crosby-Ironton 1:35.17
- 2 Moose Lake/Willow River 1:36.64
- 3 Aitkin 1:37.91
- 4 Cromwell-Wright 1:38.28
- 5 Carlton-Wrenshall 1:40.07
- 6 Esko 1:40.70
- 7 Barnum 1:52.08
- 8 Two Harbors 1:52.33
- 9 Lakeview Christian Academy 1:53.17
- 10 Marshall (Duluth) 2:01.31
- Mcgregor DQ

Varsity Boys 4x400m Relay Finals

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Team Time

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- 1 Cromwell-Wright 3:38.02
- 2 Moose Lake/Willow River 3:38.52
- 3 Esko 3:42.37
- 4 Crosby-Ironton 3:50.36
- 5 Two Harbors 4:07.15
- 6 Lakeview Christian Academy 4:10.58
- 7 Aitkin 4:11.79
- 8 Marshall (Duluth) 4:31.26

Varsity Boys 4x800m Relay Finals

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Team Time

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- 1 Esko 8:38.06
- 2 Moose Lake/Willow River 8:58.15
- 3 Carlton-Wrenshall 9:26.22
- 4 Barnum 9:28.52
- 5 Cromwell-Wright 9:45.41
- 6 Lakeview Christian Academy 9:57.84
- 7 Aitkin 10:04.91
- 8 Two Harbors 10:23.51

Varsity Boys Shot Put 12lb Finals

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Athlete Yr Team Mark

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- 1 Wyatt Stankiewicz 11 Esko 47-01.00
- 2 Ethan Maas 12 Two Harbors 44-10.50
- 3 Dylan Klancher 11 Crosby-Ironton 43-04.50
- 4 Matthew Bohnsack 8 Moose Lake/Willow River 40-11.50
- 5 Jacob Liimatainen 10 Barnum 39-08.00
- 6 Carter Herman 12 Esko 38-03.50
- 7 Michael Zoeller 12 Cromwell-Wright 38-01.00
- 8 Aiden Scoggin 10 Two Harbors 37-01.50
- 9 Brock Montminy 9 Esko 36-09.50
- 10 Braden Parzy 11 Barnum 35-07.00
- 11 Martin Henke 11 Aitkin 34-11.00
- 12 Jay Atkinson 12 Mcgregor 34-09.50
- 13 Tyler Mills 10 Carlton-Wrenshall 34-08.00
- 14 Ethan Kunz 11 Aitkin 32-08.00
- 15 Peter Jonson 10 Two Harbors 31-06.00
- 16 Josh Johnson 9 Lakeview Christian Academ 31-03.00
- 17 Mark Hall 10 Barnum 30-08.50
- 18 Bryce Brekke 12 Mcgregor 29-06.50
- 19 Landon Kollar 11 Aitkin 29-02.00
- 20 Noah Heller 9 Marshall (Duluth) 26-10.00
- 21 Kaiden Eilen 9 Moose Lake/Willow River 26-03.00
- 22 Wyatt Goranson 10 Cromwell-Wright 25-00.00
- 23 Jake Widdes 10 Marshall (Duluth) 24-09.50
- 24 Darby Dwyer 9 Marshall (Duluth) 24-02.50
- 24 Will Arnold 10 Mcgregor 24-02.50
- 26 Ricky Matlock 11 Lakeview Christian Academ 24-01.50
- 27 Zach Johnson 7 Cromwell-Wright 22-05.00
- 28 Ebrima Camara 10 Crosby-Ironton 22-03.00
- 29 Spenser Hollenhorst 9 Crosby-Ironton 22-00.00
- Johnathan Danelski 12 Moose Lake/Willow River SCR
- Ben Nyberg 11 Carlton-Wrenshall SCR

Varsity Boys Discus 1.6kg Finals

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Athlete Yr Team Mark

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- 1 Wyatt Stankiewicz 11 Esko 127-05
- 2 Brendan Lampela 12 Two Harbors 122-00
- 3 Dylan Klancher 11 Crosby-Ironton 116-06
- 4 Ethan Maas 12 Two Harbors 116-06
- 5 Michael Zoeller 12 Cromwell-Wright 109-04
- 6 Mark Hall 10 Barnum 108-01
- 7 Josh Johnson 9 Lakeview Christian Academ 107-03
- 8 Carter Herman 12 Esko 105-07
- 9 Braden Parzy 11 Barnum 102-11
- 10 Brock Montminy 9 Esko 99-11
- 11 Tom Lampela 9 Two Harbors 96-02
- 12 Ethan Kunz 11 Aitkin 93-06

13 Elio Mendoza delgado 11 Crosby-Ironton 91-11  
14 Martin Henke 11 Aitkin 90-05  
15 Tyler Mills 10 Carlton-Wrenshall 89-01  
16 Evan Rydberg 9 Crosby-Ironton 88-10  
17 Breckyn Williams 10 Aitkin 87-03  
18 Jake Widdes 10 Marshall (Duluth) 87-02  
19 Connor Barden 8 Mcgregor 86-09  
20 Johnathan Danelski 12 Moose Lake/Willow River 84-07  
21 Lucas Chesbrough 8 Moose Lake/Willow River 81-09  
22 Wyatt Goranson 10 Cromwell-Wright 80-07  
23 Andrew Goodwin 9 Barnum 66-06  
24 Ricky Matlock 11 Lakeview Christian Academ 64-11  
25 Noah Heller 9 Marshall (Duluth) 63-10  
26 Darby Dwyer 9 Marshall (Duluth) 62-06  
27 Zach Johnson 7 Cromwell-Wright 52-08  
-- Matthew Bohnsack 8 Moose Lake/Willow River SCR  
-- Ben Nyberg 11 Carlton-Wrenshall SCR

#### Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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1 Jasper Timm 12 Marshall (Duluth) 6-02.00  
2 Nikolas Martineau 12 Esko 6-00.00  
3 Carter Zezulka 11 Esko 6-00.00  
4 Anton Roettele 12 Aitkin 5-08.00  
5 Carter Woodall 10 Carlton-Wrenshall 5-06.00  
6 Jacion Owens 9 Esko 5-04.00  
6 Nathan Hachey 10 Crosby-Ironton 5-04.00  
8 Joseph Buisman 12 Aitkin 5-02.00  
8 Carlos Beckstrand 10 Barnum 5-02.00  
-- Keenan Head 9 Barnum SCR  
-- Spencer Strohm 9 Barnum SCR  
-- Denzel Majwega 10 Marshall (Duluth) SCR  
-- Finn Steckart 11 Marshall (Duluth) SCR  
-- Lucas Chesbrough 8 Moose Lake/Willow River SCR  
-- Drew Nyberg 7 Cromwell-Wright SCR

#### Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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1 Nick Nierenhausen 12 Crosby-Ironton 11-09.00  
2 John Paul Fitzpatrick 11 Crosby-Ironton 11-09.00  
3 Jackson Thompson 11 Moose Lake/Willow River 11-03.00  
4 Spencer Hipp 10 Esko 9-09.00  
5 Johnathan Danelski 12 Moose Lake/Willow River 9-09.00  
6 Alec Halvorson 9 Esko 9-03.00  
7 Micah Thompson 8 Moose Lake/Willow River 9-03.00  
8 Jordan Chopskie 11 Esko 8-03.00  
-- Joseph Buisman 12 Aitkin SCR  
-- Tyler Franke 10 Aitkin SCR  
-- Clayton Purdy 11 Aitkin SCR  
-- Ben Smith 12 Crosby-Ironton SCR

#### Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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1 Jordan Mount 10 Crosby-Ironton 19-10.50  
2 Makoi Perich 10 Esko 19-07.50  
3 Mason Perich 12 Esko 19-05.50

4 Dante Thompson 10 Carlton-Wrenshall 19-01.50  
5 Jasper Timm 12 Marshall (Duluth) 18-10.50  
6 Alex Palm 11 Aitkin 18-06.50  
7 Mason Boyd 11 Aitkin 18-04.50  
8 Carlos Beckstrand 10 Barnum 17-06.00  
9 Jakob Mossberg 11 Moose Lake/Willow River 17-03.00  
10 Tay Shropshire 10 Barnum 16-02.00  
11 zach Johnson 8 Lakeview Christian Academ 15-11.00  
12 Andrew Olesen 10 Carlton-Wrenshall 15-10.50  
13 Camden Visnovec 9 Aitkin 15-04.75  
14 Carter Nelson 8 Two Harbors 15-04.50  
15 Nathan Hachey 10 Crosby-Ironton 15-03.00  
16 Tommy DeChantal 8 Two Harbors 15-01.50  
17 Jacion Owens 9 Esko 15-01.00  
18 Ty McCall 10 Marshall (Duluth) 15-00.50  
19 Dyne Cahoon 10 Cromwell-Wright 14-11.50  
20 Myles Pearson 8 Carlton-Wrenshall 14-05.00  
21 Tae Kosmo 12 Two Harbors 13-06.00  
22 Jackson Farah 8 Cromwell-Wright 12-01.00  
23 Elio Mendoza delgado 11 Crosby-Ironton 10-06.00  
24 Tobin Swimely 10 Barnum 9-10.00  
-- Drew Nyberg 7 Cromwell-Wright SCR  
-- Sam Metzen 9 Mcgregor SCR  
-- Lucas Chesbrough 8 Moose Lake/Willow River SCR  
-- Denzel Majwega 10 Marshall (Duluth) SCR

#### Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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1 Jasper Timm 12 Marshall (Duluth) 40-11.00  
2 Makoi Perich 10 Esko 40-09.50  
3 Jordan Mount 10 Crosby-Ironton 40-08.50  
4 Mason Boyd 11 Aitkin 40-00.50  
5 Dante Thompson 10 Carlton-Wrenshall 38-09.00  
6 Jaelend Williams 12 Aitkin 38-00.00  
7 Gavin Thiry 11 Barnum 37-00.00  
8 Jacion Owens 9 Esko 35-08.00  
9 Nathan Hachey 10 Crosby-Ironton 35-05.00  
9 Micah Thompson 8 Moose Lake/Willow River 35-05.00  
9 Andrew Olesen 10 Carlton-Wrenshall 35-05.00  
12 Connor Barden 8 Mcgregor 34-03.00  
12 zach Johnson 8 Lakeview Christian Academ 34-03.00  
14 Chase Pierce 9 Two Harbors 34-02.00  
15 Drew Nyberg 7 Cromwell-Wright 33-07.50  
16 Craig Visnovec 12 Aitkin 32-11.00  
17 Ryan Napper 11 Esko 30-07.00  
18 Karl Tuttle 8 Carlton-Wrenshall 29-09.00  
19 Eli Berger 8 Barnum 29-08.00  
20 Jonas Martinelli 10 Marshall (Duluth) 28-08.00  
-- Denzel Majwega 10 Marshall (Duluth) SCR  
-- Wyatt Goranson 10 Cromwell-Wright SCR  
-- Tobias Jacobsen 9 Crosby-Ironton SCR

#### Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Emily Rengo 12 Esko 12.58  
2 Delaney Nelson 8 Two Harbors 13.17  
3 Raelene Nyberg 12 Aitkin 13.23  
4 Tegan Erickson 12 Esko 13.39

5 Tanja Thomas 10 Two Harbors 13.43  
6 Bella Baker 8 Marshall (Duluth) 13.46  
7 Whitney Hanson 8 Esko 13.47  
8 Kelsi Welle 12 Aitkin 13.84

#### Varsity Girls 100 Meters Prelims

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Athlete Yr Team Mark

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1 Emily Rengo 12 Esko 13.02  
2 Delaney Nelson 8 Two Harbors 13.30  
3 Raelene Nyberg 12 Aitkin 13.51  
5 Whitney Hanson 8 Esko 13.69  
4 Tegan Erickson 12 Esko 13.75  
6 Bella Baker 8 Marshall (Duluth) 13.80  
7 Tanja Thomas 10 Two Harbors 13.82  
8 Kelsi Welle 12 Aitkin 13.93  
9 Shelby Reynolds 10 Barnum 14.06  
10 India Johnson 10 Moose Lake/Willow River 14.12  
11 Kiera Kylander-Johnson 7 Marshall (Duluth) 14.14  
12 Jillian Cline 12 Aitkin 14.40  
13 Sofia Del Pin 12 Crosby-Ironton 14.41  
14 Kylee Macedo 10 Mcgregor 14.44  
15 Shannon Lund 7 Cromwell-Wright 14.47  
16 Izzy Nelson 7 Mcgregor 14.54  
17 Samantha Grosnik 9 Lakeview Christian Academ 14.56  
18 Alivia Menten 10 Moose Lake/Willow River 14.64  
19 Gwen Fagerland 9 Two Harbors 14.68  
20 Ava Moors 10 Barnum 14.71  
21 Remington Olesiak 7 Cromwell-Wright 14.76  
22 Maggie Sowada 12 Carlton-Wrenshall 14.80  
23 Brooke Odland 8 Lakeview Christian Academ 14.86  
24 Jada Kirk 11 Marshall (Duluth) 14.94  
25 Hannah Pederson 10 Crosby-Ironton 15.19  
26 Lexy Anderson 10 Moose Lake/Willow River 15.30  
27 Amy Schwoch 9 Carlton-Wrenshall 15.43  
28 Torrie Franzen 10 Lakeview Christian Academ 15.96  
29 Ally Maki 8 Cromwell-Wright 16.03  
30 Betsy Cid 7 Carlton-Wrenshall 16.51  
31 Angel Ringhand 10 Crosby-Ironton 18.14

#### Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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1 Kaitlyn McConnell 9 Esko 26.73  
2 Jenna Marxhausen 11 Two Harbors 27.11  
3 Emma Warner 10 Mcgregor 27.38  
4 Delaney Nelson 8 Two Harbors 27.54  
5 Jocelyn Mundell 10 Moose Lake/Willow River 28.03  
6 Kiera Kylander-Johnson 7 Marshall (Duluth) 28.11  
7 Tanja Thomas 10 Two Harbors 28.45  
8 Jayden Wodarz 10 Crosby-Ironton 29.23  
9 Jasmine Akurugo 11 Barnum 29.46  
10 Azahara Rodriguez 11 Esko 29.68  
11 Teagan Piecek 11 Aitkin 29.75  
12 Jillian Cline 12 Aitkin 29.95  
13 Izzy Nelson 7 Mcgregor 30.18  
14 Morgan Wigg 11 Moose Lake/Willow River 30.49  
15 Kaylee Tipple 9 Esko 30.58  
16 Hannah Pederson 10 Crosby-Ironton 30.98  
17 Jessica Much 11 Aitkin 31.08

18 Marta Guajardo 11 Moose Lake/Willow River 31.34  
19 Ludovika Abbozzo Sr Cromwell-Wright 31.91  
20 Mira Kilby 8 Carlton-Wrenshall 32.34  
21 Emma Nephew 7 Marshall (Duluth) 32.72  
22 Riley Harvey 9 Carlton-Wrenshall 33.19  
23 Torrie Franzen 10 Lakeview Christian Academ 33.19  
24 Molly Sheda 8 Carlton-Wrenshall 33.47  
25 Emily Ojard 8 Lakeview Christian Academ 35.68  
26 kylie Thompson 8 Lakeview Christian Academ 39.16  
27 Annabelle Nelson 10 Crosby-Ironton 42.75  
-- Hailey Cummins 10 Marshall (Duluth) SCR  
-- Haylee McCuskey 8 Cromwell-Wright SCR  
-- Siiena Anderson 9 Cromwell-Wright SCR

#### Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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1 Trinity Giddings 9 Two Harbors 1:01.88  
2 Paige Dean 9 Mcgregor 1:02.87  
3 Kiera Kylander-Johnson 7 Marshall (Duluth) 1:03.58  
4 Shelby Reynolds 10 Barnum 1:05.92  
5 Morgan Laveau 12 Carlton-Wrenshall 1:06.41  
6 Eilee Straub 7 Esko 1:06.46  
7 Katelyn Casper 12 Crosby-Ironton 1:06.81  
8 Emma Henderson 9 Mcgregor 1:06.87  
9 Madison Hamilton 11 Aitkin 1:07.89  
10 Ella Peterson 8 Two Harbors 1:08.46  
11 Grace Shingledecker 12 Esko 1:08.60  
12 Eden Bond 8 Lakeview Christian Academ 1:10.24  
13 Margaret Silgen 10 Crosby-Ironton 1:10.25  
14 Nienke Saris 12 Moose Lake/Willow River 1:10.96  
15 Shannon Lund 7 Cromwell-Wright 1:11.73  
16 Mya Poe-Johnson 11 Two Harbors 1:12.39  
17 Nadia Tessier 8 Carlton-Wrenshall 1:13.20  
18 Teagen Tessier 7 Carlton-Wrenshall 1:13.76  
19 Isabella Henline 10 Aitkin 1:15.47  
20 Ellory Grund 9 Aitkin 1:16.53  
21 Torrie Franzen 10 Lakeview Christian Academ 1:17.42  
22 Grace Mclvain 9 Esko 1:18.79  
23 Londyn Eastwood 9 Crosby-Ironton 1:19.07  
24 Serena Zoeller 8 Cromwell-Wright 1:22.87

#### Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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1 Grace Swanson 11 Two Harbors 2:38.17  
2 Jocelyn Carr 10 Two Harbors 2:40.61  
3 Anna Westin 9 Crosby-Ironton 2:43.85  
4 Kira Hamilton 9 Aitkin 2:44.83  
5 London Smith 8 Two Harbors 2:45.09  
6 Grace Shingledecker 12 Esko 2:46.20  
7 Ceilia Premier 9 Esko 2:46.45  
8 Ruth Sandstrom 9 Carlton-Wrenshall 2:46.48  
9 Ella Heaton 10 Barnum 2:48.08  
10 Faith Matvey 11 Lakeview Christian Academ 2:49.51  
11 Aliza Jacobson 8 Crosby-Ironton 2:54.74  
12 Lizzy Wells 9 Esko 2:55.82  
13 Emma Cid 12 Carlton-Wrenshall 2:56.14  
14 Katie Heikkila 8 Mcgregor 2:57.10  
15 Vivian Barden 9 Mcgregor 2:58.14

16 Danica Wyman 7 Carlton-Wrenshall 3:01.28  
17 Ryley Bartels 8 Crosby-Ironton 3:13.89  
18 Serena Zoeller 8 Cromwell-Wright 3:17.68  
19 Khristian Wheeler 9 Moose Lake/Willow River 3:36.24

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

=====

1 Lamar Gordon 11 Two Harbors 5:47.75  
2 Margaret Ringhand 8 Crosby-Ironton 5:50.00  
3 Brielle Simula 7 Carlton-Wrenshall 5:53.76  
4 Kira Hamilton 9 Aitkin 5:54.44  
5 Grace Hrabik 12 Esko 5:54.73  
6 Keegan McAuliffe 12 Marshall (Duluth) 5:55.65  
7 Sarah Cid 9 Carlton-Wrenshall 6:07.91  
8 Gabby Rosecrans 10 Crosby-Ironton 6:16.62  
9 Aubrey Pearce 7 Esko 6:17.37  
10 Ella Heaton 10 Barnum 6:21.42  
11 Brooklyn Wasche 8 Moose Lake/Willow River 6:21.86  
12 Elle Nielsen 10 Moose Lake/Willow River 6:38.37  
13 Ingrid Hexum 12 Esko 6:39.26  
14 Katie Heikkila 8 Mcgregor 6:48.57  
15 Vivian Barden 9 Mcgregor 6:55.67  
16 Aria Oswald-Swenson 7 Two Harbors 6:58.56  
17 Ava Jenne 7 Carlton-Wrenshall 7:11.24  
18 Mallory Leitinger 10 Aitkin 7:19.31  
19 Ava Oswald-Swenson 9 Two Harbors 7:20.98

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

=====

1 Autumn Smith 12 Two Harbors 12:35.25  
2 Emaleigh Olesiak 10 Cromwell-Wright 12:50.05  
3 Keegan McAuliffe 12 Marshall (Duluth) 13:01.99  
4 Amelia Olson 9 Moose Lake/Willow River 13:04.57  
5 Gabby Rosecrans 10 Crosby-Ironton 13:06.80  
6 Grace Hrabik 12 Esko 13:07.09  
7 Isabel Riley 8 Carlton-Wrenshall 13:35.96  
8 Allie Ostrowski 8 Aitkin 14:01.05  
9 Abby Cid 11 Carlton-Wrenshall 14:07.03  
10 Aubrey Pearce 7 Esko 14:14.27  
11 Eleanor Graddy 12 Esko 15:43.82  
12 Harper Smith 7 Two Harbors 17:19.64  
13 Amelia Saamanen 7 Two Harbors 17:27.74

Varsity Girls 100m Hurdles 33" Finals

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Athlete Yr Team Mark

=====

1 Gwendolyn Lilly 10 Esko 17.33  
2 Megan Chopskie 11 Esko 17.43  
3 Brita Westman 9 Aitkin 18.39  
4 Amaya Grinde 10 Two Harbors 18.41  
5 Savannah Holm 11 Aitkin 18.47  
6 Maria Smith 9 Crosby-Ironton 18.83  
7 Aili Lund 9 Barnum 19.01  
8 Brooklyn Nelson 8 Two Harbors 19.08

Varsity Girls 100m Hurdles 33" Prelims

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Athlete Yr Team Mark

=====

1 Megan Chopskie 11 Esko 17.75  
4 Savannah Holm 11 Aitkin 18.11  
2 Gwendolyn Lilly 10 Esko 18.14  
3 Amaya Grinde 10 Two Harbors 18.47  
5 Brita Westman 9 Aitkin 18.81  
6 Brooklyn Nelson 8 Two Harbors 18.90  
7 Maria Smith 9 Crosby-Ironton 19.03  
8 Aili Lund 9 Barnum 19.05  
9 Greta Harden 9 Esko 19.26  
10 Elizabeth Johnson 9 Carlton-Wrenshall 19.31  
11 Harley Spano-Shively 11 Mcgregor 19.78  
12 MacKenzie Hamilton 11 Aitkin 19.82  
13 Anna Johnson 12 Two Harbors 20.54  
14 Heidi Weis 7 Marshall (Duluth) 20.60  
15 Macie Lind 10 Cromwell-Wright 20.66  
16 Nellie Fitzpatrick 7 Crosby-Ironton 21.07  
17 Ray Anderson 9 Marshall (Duluth) 21.08  
18 Tiffany Meade 10 Carlton-Wrenshall 21.20  
19 Juleauna Johnson 7 Carlton-Wrenshall 21.29  
20 Evelyn Ball 7 Crosby-Ironton 22.45  
21 Isabella Nyberg 8 Cromwell-Wright 22.55

Varsity Girls 300m Hurdles 30" Finals

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Athlete Yr Team Mark

=====

1 Gwendolyn Lilly 10 Esko 50.63  
2 Tika May 8 Aitkin 51.21  
3 Amaya Grinde 10 Two Harbors 53.05  
4 Megan Chopskie 11 Esko 53.27  
5 Jada Kirk 11 Marshall (Duluth) 54.42  
6 Liberty Clifford 9 Esko 55.72  
7 Heidi Weis 7 Marshall (Duluth) 56.38  
8 Harley Spano-Shively 11 Mcgregor 58.27  
9 Aili Lund 9 Barnum 58.72  
10 Grace Hanson 9 Aitkin 59.02  
11 Macie Lind 10 Cromwell-Wright 59.61  
12 Laurel Larson 9 Aitkin 59.71  
13 Isabella Nyberg 8 Cromwell-Wright 1:04.37  
14 Juleauna Johnson 7 Carlton-Wrenshall 1:04.38  
15 Sarah Cid 9 Carlton-Wrenshall 1:05.59  
16 Tiffany Meade 10 Carlton-Wrenshall 1:05.64  
-- Jayla Conner 7 Crosby-Ironton SCR

Varsity Girls 4x100m Relay Finals

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Team Time

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1 Esko 51.96  
2 Aitkin 53.44  
3 Moose Lake/Willow River 54.25  
4 Mcgregor 55.91  
5 Barnum 56.49  
6 Carlton-Wrenshall 58.37  
7 Lakeview Christian Academy 58.59  
8 Two Harbors 58.90  
9 Cromwell-Wright 59.90  
10 Crosby-Ironton 1:01.89  
-- Marshall (Duluth) SCR

Varsity Girls 4x200m Relay Finals

=====

Team Time

=====

- 1 Esko 1:50.05
- 2 Two Harbors 1:51.86
- 3 Mcgregor 1:55.26
- 4 Moose Lake/Willow River 1:58.26
- 5 Crosby-Ironton 1:59.37
- 6 Aitkin 1:59.76
- 7 Barnum 2:00.63
- 8 Lakeview Christian Academy 2:02.92
- 9 Carlton-Wrenshall 2:04.58
- Cromwell-Wright SCR

Varsity Girls 4x400m Relay Finals

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Team Time

=====

- 1 Two Harbors 4:17.75
- 2 Mcgregor 4:23.60
- 3 Esko 4:24.61
- 4 Crosby-Ironton 4:26.80
- 5 Aitkin 4:42.16
- 6 Moose Lake/Willow River 4:46.89
- 7 Lakeview Christian Academy 4:54.26
- 8 Carlton-Wrenshall 5:05.49

Varsity Girls 4x800m Relay Finals

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Team Time

=====

- 1 Two Harbors 10:21.21
- 2 Carlton-Wrenshall 10:58.29
- 3 Crosby-Ironton 10:59.61
- 4 Moose Lake/Willow River 11:07.62
- 5 Esko 12:07.64
- 6 Aitkin 12:11.97

Varsity Girls Shot Put 4kg Finals

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Athlete Yr Team Mark

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- 1 Cadence Berger 10 Esko 31-06.50
- 2 Kari Rice 11 Mcgregor 29-11.50
- 3 Julia Peterson 9 Carlton-Wrenshall 29-09.50
- 4 Maya Johnson 7 Esko 29-03.00
- 5 Aiesha Alarab 12 Aitkin 27-06.00
- 6 Abbie Resberg 12 Carlton-Wrenshall 26-11.00
- 7 Malea Jerry 10 Moose Lake/Willow River 26-08.00
- 8 Eva Jarvela 10 Crosby-Ironton 26-05.50
- 9 Ray Anderson 9 Marshall (Duluth) 25-00.00
- 10 Isabelle Long 12 Aitkin 24-03.00
- 11 Jessica Much 11 Aitkin 24-00.50
- 12 Mya Gronner 10 Cromwell-Wright 23-07.00
- 12 Emma Peterson 11 Carlton-Wrenshall 23-07.00
- 14 Grace Matvey 9 Lakeview Christian Academ 23-04.00
- 15 Gracie Anderson 8 Crosby-Ironton 22-05.00
- 16 Greta Chambers 8 Moose Lake/Willow River 21-00.00
- 17 Abigail Burk 9 Mcgregor 20-09.50
- 18 Cadence Wynn 9 Crosby-Ironton 20-09.00
- 19 Meghan Johnson 11 Esko 20-07.00

20 Meagan Bergerson 12 Two Harbors 20-02.50

21 Milee Lund 7 Cromwell-Wright 17-10.00

22 Joni Giersdorf-Thompson 8 Moose Lake/Willow River 16-06.00

23 Abby Meller 8 Lakeview Christian Academ 16-03.50

24 Harlow Ray 9 Two Harbors 14-11.50

25 Sabrina Zoeller 8 Cromwell-Wright 14-04.00

26 Rebekah Ojard 9 Lakeview Christian Academ 13-04.50

Varsity Girls Discus 1kg Finals

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Athlete Yr Team Mark

=====

- 1 Abbie Resberg 12 Carlton-Wrenshall 91-03
- 2 Julia Peterson 9 Carlton-Wrenshall 85-05
- 3 Malea Jerry 10 Moose Lake/Willow River 85-04
- 4 Aiesha Alarab 12 Aitkin 83-01
- 5 Ray Anderson 9 Marshall (Duluth) 81-02
- 6 Cadence Berger 10 Esko 80-01
- 7 Isabelle Long 12 Aitkin 79-00
- 8 Kelsi Welle 12 Aitkin 78-05
- 9 Cadence Wynn 9 Crosby-Ironton 77-03
- 10 Kari Rice 11 Mcgregor 73-10
- 11 Grace Matvey 9 Lakeview Christian Academ 70-04
- 12 Gracie Anderson 8 Crosby-Ironton 69-07
- 13 Maya Johnson 7 Esko 68-02
- 14 Rebekah Ojard 9 Lakeview Christian Academ 67-05
- 15 Kyra Granholm 10 Cromwell-Wright 65-06
- 16 Meagan Bergerson 12 Two Harbors 62-11
- 17 Mya Gronner 10 Cromwell-Wright 62-02
- 18 Eva Jarvela 10 Crosby-Ironton 59-02
- 19 Ally Maki 8 Cromwell-Wright 57-04
- 20 Greta Chambers 8 Moose Lake/Willow River 54-05
- 21 Joni Giersdorf-Thompson 8 Moose Lake/Willow River 54-04
- 22 Meghan Johnson 11 Esko 54-00
- 23 Abigail Burk 9 Mcgregor 51-05
- 24 Abby Meller 8 Lakeview Christian Academ 46-03
- 25 Harlow Ray 9 Two Harbors 39-00
- Emma Peterson 11 Carlton-Wrenshall SCR

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

=====

- 1 Madison South 12 Esko 4-10.00
- 1 Kyra Johnson 10 Esko 4-10.00
- 3 Liberty Clifford 9 Esko 4-06.00
- 3 Amaya Grinde 10 Two Harbors 4-06.00
- 5 Margaret Silgen 10 Crosby-Ironton 4-04.00
- 6 Kyra Granholm 10 Cromwell-Wright 4-04.00
- 7 Lexy Anderson 10 Moose Lake/Willow River 4-02.00
- 8 Morgan Wigg 11 Moose Lake/Willow River 4-02.00
- 8 Jordyn Harvey 12 Carlton-Wrenshall 4-02.00
- 10 Bela May 9 Aitkin 4-00.00
- 10 Mariah Fitzpatrick 9 Crosby-Ironton 4-00.00
- 10 Tallulah Hauser 11 Aitkin 4-00.00
- 10 Kira Hamilton 9 Aitkin 4-00.00
- Addi Stauber 10 Marshall (Duluth) SCR
- Maria Smith 9 Crosby-Ironton SCR
- Remington Olesiak 7 Cromwell-Wright SCR
- Ava Jenne 7 Carlton-Wrenshall SCR

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark
=====

- 1 Lucy Lewendowski 8 Crosby-Ironton 8-03.00
2 Sydney Jones 10 Crosby-Ironton 8-03.00
3 Madelyn Strohmayer 10 Aitkin 7-09.00
3 Lauren Radovich 9 Esko 7-09.00
5 Kaylee Tipple 9 Esko 6-09.00
6 Maria Smith 9 Crosby-Ironton 6-09.00
7 Alora Dammann 11 Esko 6-09.00
-- Mallory Leitinger 10 Aitkin SCR
-- Mara Dox 10 Aitkin SCR
-- Mary Fleming 9 Crosby-Ironton SCR
-- Abby Kamp 12 Moose Lake/Willow River SCR

- 15 Ada Skaft 10 Marshall (Duluth) 27-00.00
16 Holly Chesbrough 10 Moose Lake/Willow River 26-05.00
17 Emelia Dahl 8 Cromwell-Wright 25-03.00
-- Addi Stauber 10 Marshall (Duluth) SCR
-- Hailey Cummins 10 Marshall (Duluth) SCR

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark
=====

- 1 Kaitlyn McConnell 9 Esko 15-06.50
2 Madison South 12 Esko 15-05.50
3 Emily Rengo 12 Esko 15-05.00
4 Mya Poe-Johnson 11 Two Harbors 13-10.00
5 Brooklyn Nelson 8 Two Harbors 13-09.50
6 Shelby Reynolds 10 Barnum 13-08.00
7 Bela May 9 Aitkin 13-07.00
8 Haylee McCuskey 8 Cromwell-Wright 13-00.00
9 Madelyn Strohmayer 10 Aitkin 12-11.50
10 Emelia Dahl 8 Cromwell-Wright 12-10.00
11 Evelyn Johnson 10 Moose Lake/Willow River 12-07.50
11 Kiera Kylander-Johnson 7 Marshall (Duluth) 12-07.50
13 Emma Jacobson 10 Aitkin 12-05.00
13 Elizabeth Johnson 9 Carlton-Wrenshall 12-05.00
15 Ava Moors 10 Barnum 12-04.50
16 Mya Gronner 10 Cromwell-Wright 12-02.50
17 Ada Skaft 10 Marshall (Duluth) 12-00.00
18 Ava Jenne 7 Carlton-Wrenshall 11-11.50
19 Holly Chesbrough 10 Moose Lake/Willow River 11-11.00
20 Molly Sheda 8 Carlton-Wrenshall 11-04.50
21 Londyn Eastwood 9 Crosby-Ironton 11-04.00
-- Mary Fleming 9 Crosby-Ironton SCR
-- Ruby Shea 7 Two Harbors SCR
-- Addi Stauber 10 Marshall (Duluth) SCR

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark
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- 1 Whitney Hanson 8 Esko 32-07.00
2 Teagan Piecek 11 Aitkin 30-10.00
3 Trinity Giddings 9 Two Harbors 30-10.00
4 Kyra Johnson 10 Esko 30-03.00
5 Margaret Silgen 10 Crosby-Ironton 30-03.00
6 Reese Kuklinski 9 Esko 29-07.00
7 Nadia Tessier 8 Carlton-Wrenshall 29-07.00
8 Shannon Lund 7 Cromwell-Wright 29-05.00
9 Savannah Holm 11 Aitkin 29-04.50
10 Emma Jacobson 10 Aitkin 29-01.00
11 Evelyn Johnson 10 Moose Lake/Willow River 28-10.50
12 Sydney Jones 10 Crosby-Ironton 28-05.00
13 Kyra Granholm 10 Cromwell-Wright 28-03.00
14 Brooklyn Nelson 8 Two Harbors 28-02.00